# Training

#### **Definition:**

A planned effort by an organization to facilitate the learning of job-related behavior or "competencies" on the part of its employees.

#### **Basic Framework**



#### **Needs Assessment**

Organizational Analysis

Task Analysis

Person Analysis

(Demographic Analysis)

#### Organization Analysis – "What is the context?"

- Strategic direction (e.g., long- & short-term goals, new products)
- ✓ Financial, human, & time resources
- External environment (e.g., legislation, new technology, customer preferences)
- Organizational climate/culture
- Age of current job incumbents

# **Task Analysis**

"What is needed to effectively perform the job?"

Often tied to work analysis or job description

# **Task Analysis Components - Examples**

- Duties, tasks, and behaviors
- Knowledge, skills, abilities, and other personal characteristics
- ✓ Beliefs, values, or attitudes
- ✓ "Performance standards"

# Person Analysis – "Who needs training?"

- New jobs
- Performance deficiencies
- Use of new technology

# Person Analysis – Measurement Examples

# **Ratings**

By supervisors, peers, self, subordinates, customers

"Tests"

Checks or hurdles from industry or organization

**Errors or Deficiencies** 

E.g., scrap, defect, and return rates, time efficiency

# Person Analysis – Other Issues

- Readiness for training (person & work environment)
- Motivation to learn/transfer (prior, during, & after training)

# Demographic Analysis

- What is the representation of group members being trained to the (area) population?
- What are the ages of personnel?
- What are the typical retirement ages?
- What is the turnover rate in the job?

#### **Needs Assessment: Is training likely to have an impact?**

- 1. What is the performance discrepancy?
- 2. Is it important?
- 3. Is it the result of a skill or motivational deficiency?
- 4. How widespread is the problem?
- Can we do anything about it?

#### **Basic Framework II**

**Needs Assessment** 

1

**Training Objectives** 

# Training Objectives

"What should the person or group be able to do following training?"

# Objectives should include:

- ✓ An observable action
- A measurable criterion
- Conditions of performance (context)

# Format for Writing Training Objectives

#### 1. Starting clause:

"After training, the person will be able to..."

#### 2. Observable action:

Includes action verb and object of action

# **Format for Writing Training Objectives**

3. Measurable criterion:

How will we know if it is OK? How many?

4. Conditions of performance:

What is given? What is the context?

# **Training Objectives – Examples**

- "After training, the worker will be able to add 6% sales tax without error on all sales by striking the proper keys on a computerized register."
- After training, the worker will be able to ask open questions which cannot be answered "yes" or "no" whenever probing for feelings."

#### **Basic Framework III**



# **Training Design: General Principles**

- At least a moderate amount of motivation via:
  - "Why should I learn this?"
  - "How does it relate to my experience?"
  - Choice
  - Goal setting
  - Accountability

# **Training Design: General Principles**

- Learn in one long session (massed) vs. distributed sessions? (depends)
- 3. Learn as a whole vs. in parts (depends)
- 4. Practice, practice, practice!
- 5. Feedback is a must! (why, what or how, not just "wrong")

# **Training Design: General Principles**

6. Opportunities to observe & interact with others

New behavior must be reinforced & supported

8. Sequence learning from simple to complex

# And now... a few techniquesi

#### **Training Techniques: Lectures!**

#### Things to do:

- Gain attention & establish credibility
- Present objectives
- Use a logical sequence
- Link content with familiar examples

#### Lectures

#### More things to do:

- Provide clear illustrations
- Review important point(s) at end
- Provide memory aid(s)
- KEEP IT SIMPLE!

#### Lectures

#### Things to avoid:

- Talking while writing
- Complex sentences
- Technical jargon
- Reading!!!
- Monotone voice
- Irrelevant examples (guilty!)
- Distracting gestures

#### Typical Steps

- Meet as group at off-site location
- Trainer introduces topic
- Trainer provides Behavioral Learning Points what to focus on (usually 3 – 7 key points)
- Trainees view videotape of "Model" showing desired behaviors

#### Typical Steps

- Trainer reintroduces learning points and group discusses model's behavior
- Group members "role play" parts in a simulation to practice learning points
- Role players and then group and trainer provide feedback on behaviors in relation to the learning points

#### Typical Steps

If possible...

- Group members try out new behavior in normal work setting
- Report results back to group and discuss what did and did not work and why

#### **Outcomes**

- Relatively effective for training on interpersonal skills
- Use of behavioral learning points ("Rules") helps generalization across situations
- Built-in concern for transfer of training, if carry out last two steps

# **Training Techniques: Simulation Methods**

Try to reproduce important characteristics of "real" situation

Controlled nature helps decrease effects of error

 Provides opportunities for repetitive practice of rarely used behaviors and skills

#### **Simulation Methods**

#### **Advantages**

- Safety
- Do not damage (expensive) equipment while learning
- Do not slow down production
- Decreased embarrassment from errors
- Compress time
- Tend to be highly involving and motivating

#### **Simulation Methods**

#### **Disadvantages**

- Concerns about physical AND psychological fidelity
- Identifying "key characteristics" of real environment to simulate
- Costs
- Gaming aspects focus on "winning the game" versus learning – the "Kobayashi Maru" syndrome
- Creative solutions can cause problems

#### **Basic Framework IV**



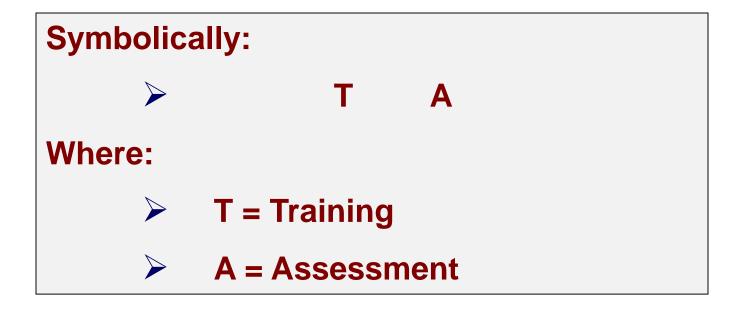
#### **Evaluation Design Basics**

Trying to answer at least two questions:

- 1. Did a change occur?
- 2. To what extent can we infer that the training caused the change?

# Threats to Internal Validity of Research Studies

- History
- Maturation
- Selection
- Mortality
- Effect of Measurement



Due to multiple threats to internal validity, does not allow strong inferences regarding causality

(Campbell & Stanley, 1963)

#### SINGLE-GROUP PRETEST – POSTTEST DESIGN

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Symbolically:

A T A

Where:

T = Training

A = Assessment
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Due to multiple threats to internal validity, does not allow strong inferences regarding causality

(Campbell & Stanley, 1963)

#### PRETEST - POSTTEST WITH CONTROL-GROUP DESIGN

#### Symbolically:

A T A (Treatment)

A (Controls)

#### Where:

- $\rightarrow$  T = Training
- A = Assessment

#### **QUASI-EXPERIMENTAL TIME-SERIES DESIGN**

<b>A</b> <sub>1</sub>	A <sub>2</sub>	$A_3$	<b>A</b> <sub>4</sub>	<b>A</b> <sub>5</sub>	Т	$A_6$	<b>A</b> <sub>7</sub>	<b>A</b> <sub>8</sub>	A <sub>9</sub>	A <sub>10</sub>

# **Training Evaluation: Levels of Criteria**

- Reactions
- Learning
- Behavior
- Results

# **Training Evaluation: Transfer of Training**

Examine transfer of training in relation to:

- ✓ Generalization of material learned in training to the job context
- Maintenance of learned material over a period of time on the job

# Training on the Web

Many, many programs are being moved to some form of web training. It can cost more than a lecture to develop, but can be delivered over and over again.

- Why do it
- Format
- Security

# Why do it?

As an alternative to face-to-face classes

Reach trainees in variety of places

 Provides archive or backup for face-toface interactions

#### **Format**

- One-way (Slides/text with minimal interaction)
- Interactive (Slides/questions/text with interaction required)
- Video of live interactions
- "Multimodal"

# Security

- Assume all sites can/will be hacked
- Run some version of protection on site and users' computers
- Randomly check for various forms of attack (e.g., denial of service, sleeper attacks, Trojan horses, etc.)